



519 BLOOMFIELD AVE  
MONTCLAIR, NJ 07042

(973) 337-5627

Pre-order your meal for  
pickup at [montclairfarms.com](http://montclairfarms.com)  
or have it delivered by  
UberEats, PostMates, or  
DoorDash

Open every day:  
10 am – 5:00 pm

Chef owner: Nancy Garvin  
[nancy@montclairfarms.com](mailto:nancy@montclairfarms.com)

## BREAKFAST

### TOASTED EGG AND CHEESE BREAKFAST SANDWICH

Organic egg and melted cheese, with your choice of spinach, tomato, onion, or red peppers (or all!), served on locally baked toasted multigrain roll (Vegetarian 🌱) \$9.5  
With veggie link sausage (🌱), ham, turkey bacon, or turkey \$11.5

### TOAST

Multigrain bread or baguette served with organic butter and house-made jam (🌱) \$4.5

Nut butter and banana (🌱) \$5.5

Cheese and tomato (🌱) \$5.5

### AVOCADO TOAST

Fresh organic avocado served on locally baked multigrain bread or baguette (Vegan 🌱) \$6.5

Add 2 eggs over medium \$9

### BAKED GOODS

Traditional croissant \$2.75

House-baked muffins (Vegetarian 🌱) \$2.75

### YOGURT AND CEREAL

Yogurt parfait served with organic Greek-style yogurt (dairy) or Vegan organic coconut yogurt and fruit (🌱) \$4.75

Gluten-free granola served with organic almond milk or organic cow's milk (🌱) \$4.5

## SANDWICHES

Bread Options: Multigrain loaf, French baguette, rye, white, wheat, gluten-free, plain wrap, whole wheat wrap, and gf wrap

### VALLEY

Avocado, pickled jalapeño, tomato, arugula, red onion & cilantro-lime pesto (Vegan 🌱)  
\$12.5

### PARK

All-natural turkey breast, cucumber, tomato, mixed baby greens, Dijon mustard \$12.5

### FULLERTON

House-made mozzarella, roasted red peppers, baby arugula, tomato, Balsamic vinaigrette (Vegetarian 🌱) \$12.5

### BELLEVUE

Imported prosciutto di Parma, shaved parmesan cheese, arugula, roasted pepper, olive oil, Balsamic vinaigrette \$14.5

### WATCHUNG

All-natural roast beef, baby spinach, red onion, tomato, horseradish aioli \$12.5

### CHURCH

Ham, swiss cheese, tomato, mixed greens, Dijon mustard \$12.5

### FARMER'S MARKET

Any custom sandwich you'd like / mp

### MAKE IT SAUCY

Pick any 2 of our house-made sauces \$1

Cilantro Lime Pesto / Balsamic Vinaigrette  
Caesar Dressing / Horseradish Aioli  
Citrus Vinaigrette / Balsamic Vinegar & EVOO

## SALADS

### BROOKDALE SALAD

Bed of romaine and spinach, prosciutto, roasted chicken, egg, avocado, cherry tomato, organic feta, with balsamic vinaigrette or red wine vinegar (Paleo/Keto/GF  \$14.5

### CRANE SALAD

Mixed greens, grated beets and carrots, cherry tomato, cucumber, avocado, house-made tofu-feta, topped with sunflower seeds & balsamic dressing (Vegan  / GF  \$13

### YANTACAW SALAD

Dino ale, topped with walnuts, dried fig, fresh chèvre, and citrus vinaigrette (Vegetarian  / GF  \$11

### ANDERSON SALAD

Bed of romaine, topped with roasted organic chicken, shaved Parmesan cheese, croutons, and house-made garlic Caesar dressing \$13.5

### BLOOMFIELD SALAD

Dino kale, beets, carrots, purple cabbage, sauerkraut, sprouts, with citrus dressing, nutritional yeast, turmeric, and sunflower seeds (Vegan  / GF  \$13

### FARMER'S MARKET SALAD

Your custom choice of ingredients / mp

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## HOUSE-MADE SOUPS

Vegan  / Gluten Free  .

Bowl \$6.5

Pint \$10 / Quart in a Mason jar \$20

## FRESH ORGANIC EXTRACTED JUICES

\$9.5

### ANTI-INFLAMMATORY

Celery, apple, spinach, cucumber, lemon

### CLEANSING

Carrots, ginger, turmeric, grapefruit

### IMMUNITY

Grapefruit, lemon, kale, orange

### DETOX

Lemon, carrots, apple, beets

### VITALITY

Beets, apple, lime, ginger

### ORANGE JUICE

Fresh squeezed orange juice

### SÃO PAULO STYLE

Fresh squeezed lemon in sparkling water  
\$3.5

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## OTHER BEVERAGES

Pour-over coffee \$3

Tea, hot or iced \$3

Cold brew from Java Love (Montclair) \$3.75

Yogic Chai (Montclair) \$3.75

Organic milk \$1.5

### RECESS SPARKLING WATER

with Hemp Extract (0.0% THC), American Ginseng, L-Theanine, and Schisandra  
Your choice of Blackberry Chai, Peach Ginger, or Pom Hibiscus \$5

## SMOOTHIES

\$8.5

### EDGEMONT

Banana, peanut butter, chocolate protein (choice of vegan or dairy), almond milk

### WILLOW

Strawberries, banana, vanilla protein (choice of vegan or dairy), almond milk

### RADIANCE

Fresh avocado, kale, fresh banana, fresh pineapple, honey, jalapeño, coconut water

### UPPER MOUNTAIN

Mango, banana, pineapple, coconut water

### BAY

Strawberries, blueberries, blackberries, banana, coconut water

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## KID'S SANDWICHES

\$4.5

### PAB&J

Peanut or almond butter with banana jam

### TURKEY & CHEESE

With or without mayo and mustard

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